

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2017

			<p>1 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Mystery Bus Trip</b> 1:00 Construction Watch 2:00 Music with Joe 3:00 Cooking Class 4:00 Fit For Fun</p>	<p>2 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Popi's Place</b> 2:00 Music with Francesco 3:00 Crafter's Corner 4:00 Ballroom Dancing</p>	<p>3 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Popi's Place</b> 2:00 Music with Matt 3:00 Bingo Blast 4:00 Construction Watch</p>	<p>4 8:30 Feed the Swans 9:30 Art with Susan 11:00 Ball Rom Dancing 2:00 Jams with the Jitterbugs 3:00 Exercise Class 4:00 Construction Watch</p>
<p>5 8:30 Feed the Swans 10:10 Sunday Stretches 11:00 White Board Game 1:00 Ski-A-Ree's Outing 2:00 Live Music &amp; Ice Cream with Steve 3:00 Corn Hole 4:00 Construction Watch</p>	<p>6 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Sonny's BBQ</b> 2:00 Music with Duane 3:00 Fancy Nails 4:00 Fit For Fun</p>	<p>7 8:30 Feed the Swans 10:10 Get Fit with Antonio 11:00 Catholic Service 1:30 Pup Therapy with Callie 2:00 Music with Tanya 3:00 Flowers with Friends 4:00 Ballroom Dancing</p>	<p>8 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Mystery Bus Trip</b> 1:00 Construction Watch 2:00 Music with Sparrow 3:00 Cooking Class 4:00 Fit For Fun</p>	<p>9 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Sonny's BBQ</b> 2:00 Music with Francesco 3:00 Crafter's Corner 4:00 Ballroom Dancing</p>	<p>10 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Sonny's BBQ</b> 2:00 Move to Music with Gail 3:00 Bingo Blast 4:00 Construction Watch</p>	<p>11 8:30 Feed the Swans 10:00 Seniorsize 11:00 Ballroom Dancing 2:00 Music with Barry 3:00 Green Thumb 4:00 Construction Watch</p>
<p>12 8:30 Feed the Swans 10:10 Sunday Stretches 11:00 White Board Game 2:00 Live Music &amp; Ice Cream with Joey 3:00 Corn Hole 4:00 Construction Watch</p>	<p>13 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch IHOP</b> 2:00 Music with Callie 3:00 Fancy Nails 4:00 Fit For Fun</p>	<p>14 8:30 Feed the Swans 10:10 Get Fit with Antonio 11:00 Catholic Service 1:30 Pup Therapy with Callie 2:00 Music with Rick 3:00 Flowers with Friends 4:00 Ballroom Dancing</p>	<p>15 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Farmer's Market</b> 1:00 Construction Watch 2:00 Music with Matt 3:00 Cooking Class 4:00 Fit For Fun</p>	<p>16 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch IHOP</b> 2:00 Music with Francesco 3:00 Crafter's Corner 4:00 Ballroom Dancing</p>	<p>17 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch IHOP</b> 2:00 Music with Ed 3:00 Bingo Blast 4:00 Construction Watch</p>	<p>18 8:30 Feed the Swans 9:30 Art with Susan 11:00 Ball Rom Dancing 2:00 Jams with the Jitterbugs 3:00 Exercise Class 4:00 Construction Watch</p>
<p>19 8:30 Feed the Swans 10:10 Sunday Stretches 11:00 White Board Game 2:00 Live Music &amp; Ice Cream with Rick 3:00 Corn Hole 4:00 Construction Watch</p>	<p>20 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Park Picnic</b> 2:00 Music with Duane 3:00 Fancy Nails 4:00 Fit For Fun</p>	<p>21 8:30 Feed the Swans 10:10 Get Fit with Antonio 11:00 Catholic Service 1:30 Pup Therapy with Callie 2:00 Music with Tanya 3:00 Flowers with Friends 4:00 Ballroom Dancing</p>	<p>22 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Mystery Bus Trip</b> 1:00 Construction Watch 2:00 Music with B.C. 3:00 Cooking Class 4:00 Fit For Fun</p>	<p>23 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Park Picnic</b> 2:00 Music with Francesco 3:00 Crafter's Corner 4:00 Ballroom Dancing</p>	<p>24 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Park Picnic</b> 2:00 Music with John 3:00 Bingo Blast 4:00 Construction Watch</p>	<p>25 8:30 Feed the Swans 10:00 Seniorsize 11:00 Ballroom Dancing 2:00 Music with Barry 3:00 Green Thumb 4:00 Construction Watch</p>
<p>26 8:30 Feed the Swans 10:10 Sunday Stretches 11:00 White Board Game 2:00 Live Music &amp; Ice Cream with Joey 3:00 Corn Hole 4:00 Construction Watch</p>	<p>27 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Ruby Tuesday</b> 2:00 Music with Amanda 3:00 Fancy Nails 4:00 Fit For Fun</p>	<p>28 8:30 Feed the Swans 10:10 Get Fit with Antonio 11:00 Catholic Service 1:30 Pup Therapy with Callie 2:00 Music with Rob 3:00 Flowers with Friends 4:00 Ballroom Dancing</p>	<p>28 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Mystery Bus Trip</b> 1:00 Construction Watch 2:00 Music with Jerry 3:00 Cooking Class 4:00 Fit For Fun</p>	<p>30 8:30 Feed the Swans 10:10 Get Fit with Antonio <b>11:00 Lunch Bunch Ruby Tuesday</b> 2:00 Music with Francesco 3:00 Crafter's Corner 4:00 Ballroom Dancing</p>	 <p>Lil Droppy says: Please drink your weight in ounces of water daily!</p>	